



# ANNUAL REPORT 2018



## ANNUAL REPORT ART COMPETITION WINNER

Marissa Stanley is a 13-year-old Wiradjuri girl from Wellington. Currently in year 8 at St Mary's Catholic School, Marissa enjoys singing, dancing, playing soccer, art and spending time with friends and family.

*"My artwork represents the Wiradjuri land and the three rivers that bring them together. It has symbols that represent the earth, flora, water and animals that provide for our people to live. The two large circles are Wellington and Dubbo connected by the road we travel on. The gugaa is the symbol that connects ALL Wiradjuri people."*

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*Design by Louise Austin  
Photography & Design*

*Cover Artwork by Marissa Stanley*

## ACKNOWLEDGEMENT OF COUNTRY

We acknowledge and respect the traditional lands of all Aboriginal people, we respect all Elders past, present & future. We ask all people that walk, work & live on traditional Aboriginal lands to be respectful of culture & traditions and work together as one to better Aboriginal Health.

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## About WACHS

Wellington Aboriginal Corporation Health Service (WACHS) is on the land of the Wiradjuri people.

WACHS is an Aboriginal Community Controlled Health Organisation which has been running for over 25 years, located in the town of Wellington. Wellington is a small rural community with a shire population of approximately 8,831 people of which 1,897 are Aboriginal (2016 Census Stats).

Wellington Aboriginal Corporation Health Service (WACHS) offer professional, holistic health care to enhance the health and emotional well-being of the Aboriginal and non Aboriginal communities in Wellington, surrounding districts including Dubbo, Moree, North Western, Far West Regions of NSW and Greater Western Sydney.

Our services continue to expand with new programs, staff and clinics coming onboard and our expansive range of specialist programs provided by staff from WACHS or through partnership links with visiting services continues to grow providing our communities with the best possible health care options available.

WACHS is governed by a Board of Directors which consists of seven Aboriginal community members and the two recently added board positions for specialist non member directors. These are elected annually by the Community. The Board of Directors provides the strategic direction of the organisation and works in close consultation with the Chief Executive Officer to ensure that organisational, community and funding outcomes are being achieved in line with our Strategic Plan.

WACHS employs 124 staff including Visiting Specialists from Wellington and the surrounding District.

## WACHS Locations



## WACHS Vision

WACHS is acknowledged and respected as an organisation of excellence which is demonstrated by a healthier Aboriginal community.

## WACHS Mission Statement

To advocate for and facilitate the achievement and maintenance of health outcomes consistent with Aboriginal peoples' evolving notion of cultural well being.

## Purpose

WACHS plans, delivers, co-ordinates and advocates for effective clinic and community-based primary health care services to the Aboriginal community.

## WACHS Objectives

- a) Provide culturally appropriate primary health care service for Aboriginal people and the wider community within the Wellington shire.
- b) Administer and operate an Aboriginal Medical Service within the legal framework, funding agreements and the capacity of WACHS.
- c) Enhance the health status of the Aboriginal community in Wellington shire including, Nanima Reserve.
- d) Involve Aboriginal people in the planning and provision of primary health care services.
- e) Provide professional development for our Aboriginal Board and staff to support their roles and responsibilities within WACHS.
- f) Support and assist Aboriginal people to better utilise existing holistic health care services.



# WACHS BOARD 2018

Back: John Ah See – Director, Philippe Bell – Secretary, Graham Blackhall – Treasurer and Adam Ryan – Director. Front: Linda Baxter – Public Officer, Glenda Bell – Director and Marsha Hill – Chairperson

## CHAIR REPORT

As Chair of the Board Of Directors for the Wellington Aboriginal Corporation Health Service and on behalf of the board, it is my pleasure to present the 2018 Annual Report.



This has been another huge year for our service. Our growth and passion continually show within our local community and Western Sydney.

I am so heartened by the great work, passion, commitment and professionalism of our CEO, Executive Management and most importantly, our support staff and teams. They are always working to improve the health and wellbeing of our clients and have continued to do so over the last 12 months.

The incredible gains we are making are a testament to the importance of Aboriginal and Torres Strait Islander community controlled and community led solutions.

The WACHS Board has again been working through community consultation around the constitutional changes to membership and working towards having Independent Skills Based Directors being part of WACHS Board. Through the General Meeting these changes were passed by our members and supported by community who had attended the meeting.

WACHS staff are continuously training and gaining high qualifications with staff completing their Certs, Diplomas or Degrees with astounding results. We as a board know the hard work that they have put in to reach their goals in gaining these qualifications to be able to provide better medical and support services for each of our clients. As a board

we could not be prouder of the staff we have working for WACHS and the commitment they make to our organisation.

Our Western Sydney team, known as Greater Western Aboriginal Health Service (GWAHS) under WACHS have been continually growing with our Penrith site due to be open this month and Blue Mountains in 2019.

Our GWAHS ANFPP team will also be moving into new premises being completed for them in Mt Druitt and this will take place in the New Year.

We have new positions being created and staff joining our service that will continue to bring new and innovative ideas and services to our team. Connected Beginnings is a new program that has just started servicing the Western Sydney area and will be based at our Mt Druitt Clinic.

Our team is continuing to build relationships in the local area and this will see many new beneficial partnerships formed for projects to be undertaken in 2019.

I am very excited and looking forward to 2019 as we continue to grow in our local community and Western Sydney.

Regards

*Marsha Hill*  
**Chairperson**

# CEO REPORT

WACHS has continued to work towards achieving our priorities in 2018 as part of our Strategic Plan that will take us through to 2020.



As 2018 draws to a close, it is time to reflect on our achievements for the past 12 months and review our key strategic, operational and financial targets of the organisation and set our goals for 2019.

This year has been a year of growth, expansion and change for the organisation and this could not be achieved without the fore sight and input from the board, Executive Managers and Staff.

The talent, commitment and dedication of our staff during the year and the contribution they make to our organisation is invaluable and I am certainly proud to have a great team working for WACHS.

My Executive Team members have again provided me with ongoing support and exceptional management skills that assist us with the day to day direction and operations of the organisation.

The Board Members are dedicated to the improvement of health services not only in the Wellington and Dubbo area's but our continued expansion into the Western Sydney regions.

Through a lot of hard work by staff and an equal commitment by residents, we have seen significant achievements in the past 12 months at our Moree Aboriginal Residential

Rehabilitation Service. Our number of residents who have completed the residential phase and remained drug and alcohol free continuously and steadily rises. We celebrate the achievements of residents who gain a certificate or qualification that opens the door to employment opportunities when none previously existed.

We continue to listen, learn and improve on our existing operations and from our learnings, we will continue to help our organisation grow in the coming years.

Without our key stakeholders and partners that have worked with WACHS this year we would not have the achievements and success in our programs without your support and I would like to acknowledge these partnerships and thank you for your investment in our organisation.

I am looking forward to working with our local community, our Western Sydney community, staff and Board in 2019.

Regards

*Darren Ah See*

**CEO**

# STRATEGIC PLAN

In acknowledgement of Wellington Aboriginal Corporation Health Service's (WACHS) development and growth over the past 3 years, the Strategic Plan 2017-2020 is focused on consolidating the current strengths of the organisation as well as driving further achievements over the next 3 years.



## 1. Deliver client-centred services that prioritise wellness and holistic care

Build on WACHS' strength to deliver high quality health and community services that have the holistic needs of the client and family at the centre, and seek to keep them in their best health



## 2. Adopt and implement models of care that deliver value

Identify, adapt and implement evidence-based models of care that deliver value for the community and funders in achieving improved population outcomes at a reasonable cost



## 3. Collaborate to improve population outcomes

Improve access, outcomes and organisational performance through collaboration with strategic partners in planning and delivery of services



## 4. Innovate for sustainability

Harness future opportunities through further developing the infrastructure – people, processes and systems – that differentiates WACHS, protects against risk and supports high performance in a dynamic healthcare environment

# FINANCE REPORT

## Program purpose

To develop, implement and manage the corporation's financial management systems including payroll services

## Aim of program

To provide sound financial management of the Corporation including:

- Maintaining appropriate systems and structures to record, explain and analyse financial transactions
- To implement financial systems and targets that promote sustainability (including liquidity, self-generated income, and net asset targets)
- To support organisational growth through sound financial management strategies
- Monitoring the application and condition of the Corporation's assets

## Outcomes of program

The Corporation recorded a surplus of \$1,518,792. Surplus funds are set aside for future investment, including asset replacement and other capital improvements.

In 2019, and drawing on surplus funds held in reserve, the Corporation will fund capital improvements at the Wellington and Mt Druitt

clinics to the value of \$500,000. Additional funds have been set aside to support an asset replacement program to address some of the Corporation's ageing assets.

The audited financial statements confirm the following highlights:

- Grant Income totalled \$19,267,011 compared with \$12,657,032 in 2017
- Self-generated income totalled \$5,265,769 compared with \$4,319,373 in 2017
- Total Income totalled \$24,642,099 compared with \$16,627,734 in 2017
- Total expenses represented 94% of total income, compared with 97% in 2017
- Current ratio: For every \$1 in current liabilities, the Corporation has \$3.06 in current assets. This compares to \$3.32 in 2017. The current ratio remains well above the minimum target (\$2 in current assets every \$1 in current liabilities), and will be maintained above the target during the current expansionary phase.
- The corporation have net assets of \$14,074,107, compared with \$12,555,316 in 2017.

The Corporation is in a strong financial position.



TOTAL INCOME  
**\$24.64**  
MILLION  
+ 48.2% FROM 2016/17



TOTAL EXPENSES  
**93.8%**  
OF INCOME  
- 3.2% FROM 2016/17



SURPLUS OF  
**\$1.52**  
MILLION  
+ 189% FROM 2016/17

## VALUE OF ASSETS FOR EVERY \$1 IN LIABILITIES



**53% ABOVE THE MINIMUM TARGET**



NET ASSETS  
**\$14,074,107**  
+ 12% FROM 2016/17

**\$19,267,011**  
GRANT INCOME  
+ 16% FROM 2016/17

78.6%

21.4%

**\$5,265,769**  
SELF GENERATED INCOME  
+ 22% FROM 2016/17



# MAXWELL STREET CLINIC

## Program purpose

WACHS plans, delivers, co-ordinates and advocates for effective clinic and community-based primary health care services to the Aboriginal community.

The clinic provides care in the way of GP services, primary clinical care by Nurses, Aboriginal Health Practitioners and visiting specialist services such as Podiatry, Diabetes Education and counselling services.

Our reception and transport staff are vital to the daily operations of a smooth running clinic.

## Aim of program

- To have a healthier community by providing services that can be accessed easily by the Aboriginal and wider community of Wellington.

- Increase services at the clinic to reduce the burden of patients having to travel and costs associated with specialist care.
- Increase the accessibility to specialist care for patients and their families.

## Outcomes of program

This year the clinic has continued to be a high functioning clinic providing a range of primary health care services.

In addition to our usual services we have also managed to secure a visiting Cardiologist every second month for a day clinic which will commence in November to reduce the need for patients having to travel out of town for cardiology appointments.

We have also confirmed a partnership service with Orange Mental Health Care for telehealth

capabilities. WACHS identified patients will be able to see a psychiatrist via telehealth reducing the need to go onto long waiting lists and GP's will be able access specialist advice quicker than previously.



## GP SERVICES



**16,551**  
CLIENT CONTACTS  
+ 2.4% FROM 2016/17

## CLINIC NURSE



**6,247**  
CLIENT CONTACTS  
+ 27.5% FROM 2016/17

## CLINIC TOTAL



**22,798**  
CLIENT CONTACTS  
+ 8.2% FROM 2016/17

## 769 INFLUENZA IMMUNISATIONS



## DIABETES EDUCATOR



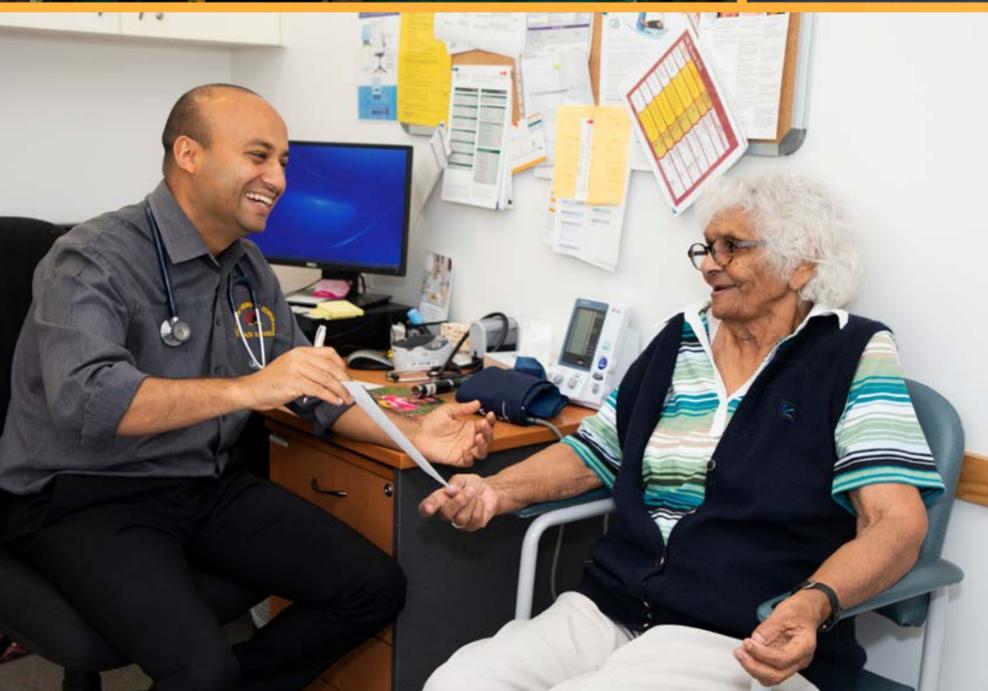
**123**  
CLIENT CONTACTS

## DRUG & ALCOHOL COUNSELLOR



**183**  
CLIENT CONTACTS





### Podiatry

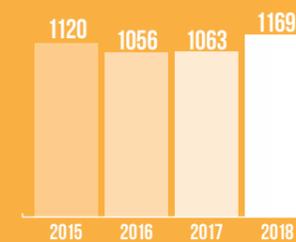
WACHS Podiatrist, Sreenathudu Arshanapalli (SAM) was, once again kept very busy, holding 59 Podiatry clinics in the 2017-18 year, with 1062 client attendances. An average of 18 per clinic.

There were many sore footed clients about this year with the very hard ground about, due to

the drier weather. This confirmed the necessity for well supported footwear for all clients.

Sam looks forward to seeing everyone, and again providing the Podiatry service in our Community this coming year.

**1,169**  
TOTAL CLIENTS BOOKED



CLIENTS SEEN ANNUALLY





# HEALTHY FOR LIFE

### Aim of program

To improve the health of Aboriginal and Torres Strait Islander mothers, babies and children, enhance the quality of life for people with a chronic condition and, over time, reduce the incidence of adult chronic disease.

### Objectives of program

- Improve chronic disease care by prevention, early detection and management of chronic disease
- Improve the availability and quality of child and maternal health services.

### Outcomes of program

- Access to antenatal care in the first and second trimester increased, with the number of clients first accessing antenatal care in the third trimester decreasing from 23% to 13.3%.

- Childhood Immunisation rates were 100% across all age groups (0-6 years) in 2018.
- Childhood Influenza immunisations increased from 19 in 2016/17 to 98 in 2017/18, an increase of 418%.
- Current WACHS staff completing Certificate IV Torres Strait Islander Primary Health Care – Clinical stream moving into Clinical positions within the Healthy for Life Program.
- Hearing collaboration with Hear Our Heart and AH&MRC.

### Youth and Sexual Health worker

Our Youth and Sexual Health Worker works with external service organisations to support Youth & Sexual Health programs and services for Aboriginal people, including referrals to specialist services, health promotion and case management activities.

### Dietitian

This program provides initial consultation, dietary assessments, education, planning and review for clients of the Wellington Aboriginal Health Service and Wellington Health Service.

### Maternal and Child Health

This program provides consults for Maternal and Child Health clients including developmental assessments, immunisations,

health checks for both children and adults. Referrals are made to appropriate services.

### Aboriginal Health Practitioners

Aboriginal Health practitioners provide direct patient contact and clinical support in the area of Maternal and Child Health and Chronic Disease prevention. This position supports the coordination of appointments including transport to specialist appointments and client visitation program as required.

## 106 INFLUENZA IMMUNISATIONS FOR CLIENTS OVER 50 YEARS

51 MALE

55 FEMALE

+ 12.8% FROM 2016/17

MATERNAL & CHILD HEALTH



1,008 CLIENT CONTACTS  
+ 61% FROM 2016/17

YOUTH & SEXUAL HEALTH



270 CLIENT CONTACTS  
+ 217% FROM 2016/17

ABORIGINAL HEALTH PRACTITIONERS



4,120 CLIENT CONTACTS  
+ 57.6% FROM 2016/17

DIETITIAN



605 CLIENT CONTACTS  
- 18.9% FROM 2016/17

51%  
FEMALE



49%  
MALE

47 RECORDING OF  
BLOOD PRESSURE

56.2%  
FEMALE



43.8%  
MALE

450 HEALTH ASSESSMENTS  
AGED OVER 25 YEARS  
- 8.4% FROM 2016/17

52%  
FEMALE



48%  
MALE

100 TEAM CARE  
ARRANGEMENTS  
- 8.3% FROM 2016/17





**1,334** PATIENTS  
**SEEN**

+80.3% FROM 2016/17



EYE HEALTH PROVIDED  
**467**  
PAIRS OF GLASSES  
+4.7% FROM 2016/17

**Eye Health**

This position coordinates delivery of Eye Screenings and Optometrist Services to Wellington clients and regional outreach clinics

at Baradine, Condobolin, Cowra, Forbes, Gulargambone, Gilgandra, Narromine, Parkes, Peak Hill and Warren.

**Outreach Centres**



**84** DIABETIC  
EYE HEALTH CHECKS  
- 41.7% FROM 2016/17

**76 EYE CLINICS HELD**



# NEW DIRECTIONS

## Aim of program

The Program is a child and maternal health care program that supports Aboriginal and Torres Strait Islander families and early childhood development to ensure children are ready to learn when they start school through providing access to services in five priority areas:

1. Antenatal care and postnatal care
2. Standard information about baby care
3. Practical advice and assistance with breastfeeding, nutrition and parenting
4. Monitoring of developmental milestones, immunisation status and infections; and health checks and referrals to treatment for Indigenous children before starting school

## Objectives of program

The objective of the Program is to provide Aboriginal and Torres Strait Islander children and their families' access to child and maternal health services. The Program seeks to give Aboriginal and Torres Strait Islander families

and their babies access to high quality health care services in urban, rural and remote locations across Australia with the intended outcome of helping to close the gap in life expectancy within a generation (by 2031) and to halve the gap in mortality rates for Aboriginal and Torres Strait children under five.

## Outcomes of program

### Dietitian

- Reviewed menu at Nanima preschool utilising Early learning Guidelines including nutrition. Linked in with Feed Australia for menu ideas.
- Supporting a trial program to support academic performance with improved nutrition as a component at Nanima Preschool
- Supported School groups
- Cooking Up A Storm
- Cooking education at TAFE
- Nutrition Education at schools
- Breakfast Program at local school

### Occupational Therapist

- 30 reading sessions conducted at 2 local preschools
- Initiated consultations at long day care, where there was no contact before this program
- Regular consults with children at 3 preschools
- Individual assessments and therapy provided on site
- Group sessions for identified children at 2 preschools

### Speech Pathologist

- Screenings and group therapy at local preschool
- Initiated consultations at long day care, where there was no contact before this program
- Individual assessments and therapy provided on site
- Initiated early language parent training program

## OUR OCCUPATIONAL THERAPIST CONDUCTED



**30** READING SESSIONS AT  
2 LOCAL PRESCHOOLS

OCCUPATIONAL THERAPY



134

CLIENT CONTACTS

DIETITIAN



71

CLIENT CONTACTS

SPEECH THERAPY



155

CLIENT CONTACTS

CHILD & MATERNAL HEALTH



53

HOME VISITS

98 INFLUENZA IMMUNISATIONS FOR CHILDREN 0 - 6 YEARS



2017  
77%



2018  
87%

FIRST ANTENATAL VISIT IN THE FIRST OR SECOND TRIMESTER



93%

OF BABIES BORN WERE WITHIN NORMAL BIRTHWEIGHT RANGE

+ 7.1% FROM 2016/17

IMMUNISATION RATES



100%

+3% FROM 2016-17

12-24 MONTHS



100%

+7.2% FROM 2016-17

24-36 MONTHS



100%

+0% FROM 2016-17

60-72 MONTHS



Maternal and Child Health Nurse/Aboriginal Health Practitioner

- Increased capacity for home visits increasing from 0 in 2017 to 53 in 2018 included early discharge and routine clients
- Supported Ante/post-natal transports to specialist appointments
- Speech Pathologist-Modified Language Assessment for preschool
- Supported Hear Our Heart (HOH), voluntary hearing bus-service by conducting hearing screenings at preschools, schools and Barnardos.
- HOH has links with ENT's providing bulk billed services to clients needing hearing support.
- Program promoted with flyers/posters.
- Visits to all preschools, schools, Barnardos and Mission Australia to promote program
- AHP and Dietitian created health promotion displays in children's waiting area

- Oral health
- Healthy Diet
- Healthy eyes
- Communication skills





# SOCIAL & EMOTIONAL WELLBEING TEAM

## SEWB Team

- Family Violence
- Drug & Alcohol
- Child & Family Project
- Social and Emotional Well Being program

## Program purpose

To provide support and case management for the community in the area's of family violence, child protection, sexual assault, drug and alcohol, transition to school, school retention, family support and social and emotional well being.

## Aim of program

To provide a holistic, culturally appropriate service which will improve the social and emotional wellbeing of Aboriginal community members.

## Objectives of program

To provide case management for clients

who access any of the SEWB programs and increase awareness and improve the social inequalities faced by Aboriginal community members.

## Outcomes of program

- Support families in their child's education and successful transition to school and school retention.
- Support Indigenous community members with greater opportunities and access to services to increase their physical, emotional and social well being.
- Increased access to Drug and Alcohol services. Increased awareness of services and support available for community in relation to drug and alcohol services.
- Increased access and awareness of Family Violence services in the community.



## SEWB Partnerships

This year SEWB have continued to build partnerships with other service providers, Schools and businesses including;

- Wellington Community Centre (WINS)
- Local Support Coordinator Dubbo Neighborhood Centre
- Mid Lachlan Aboriginal Housing Management Cooperative (MLAHMC)
- Wellington Public School
- Wellington High School
- Aboriginal Children's Therapy Team
- Wellington Domestic Violence Collective
- Women's Domestic Violence Advocacy Service

## NAIDOC Video 2018

WACHS SEWB Team in partnership with Wellington Public School and Louise Austin Photography & Design created an inspiring NAIDOC video in line with the 2018 theme 'Because of Her We Can'.

We saw this as a great opportunity to recognize and celebrate the importance of the strong Aboriginal Women in our community and the roles that they have played in paving the way for our future generations.

The idea was to have a yarn with some of the children and have them identify the strong Aboriginal women in their own lives and for us to have some understanding of why they were chosen by the kids.

Our culture is one of the strongest in this world and to show our beautiful women that have made an impact to these children and have fought for what we have today in society, BECAUSE OF HER WE CAN!

Scan the QR code below to watch the video.



### SOCIAL & EMOTIONAL WELL BEING TEAM



**1,422**

CLIENT CONTACTS  
+5.4% FROM 2016/17

### ABORIGINAL FAMILY HEALTH WORKER



**228**

CLIENT CONTACTS  
+1.4% FROM 2016/17

### CHILD & FAMILY WORKER



**158**

CLIENT CONTACTS  
-9.2% FROM 2016/17

### DRUG & ALCOHOL WORKER



**235**

CLIENT CONTACTS  
+49.7% FROM 2016/17

### TEAM LEADER



**374**

CLIENT CONTACTS  
+835% FROM 2016/17



### Yinaar Healing Circle

The development of the Yinaar Healing Circle has adopted a culturally based holistic approach on the well-being of the local Aboriginal Yinaar participants in the Wellington community. Working collectively in a Wiradjuri way of being, knowing and doing to empower the local Aboriginal women in self-healing, in a culturally competent way.

The concept of the program is for the women to support each other along with our local elders mentoring and guiding our women in sharing their wisdom in a culturally safe space in working in a Wiradjuri way.

Promoting cultural healing and self-determination focusing on the strengths of each participant to contribute and share skills and knowledge with one another. The program encompasses education and awareness to be inclusive to build on knowledge and capacity building in developing strategies in the prevention of family violence, addictions, grief and loss and other social determinants identified by the group.

This year the women visited Canberra and were guests at the Ngunnawal Bush Healing Farm where they spent a week, taking in visits to a Nanny group, Elders gathering, Tent Embassy, National Archives, National Museum, National Library and AIASTIS. This was a great experience by all that attended where we shared and learned from the local Ngunnawal people.

The women have also been involved with working towards the healing garden at the WACHS Warne Street Office, where they have contributed and shared great knowledge on native plants and aesthetical concepts for the garden.

They also worked towards performing at the Women's conference at Burrendong where the women all performed with some of the local girls from the Wellington High School. This was a significant cultural connection amongst the older women and younger women coming together and collectively sharing our dances and songs.



# HEALTH PROMOTION

## Miimi Program

This program is an inaugural Indigenous Girls program developed in partnership with Aboriginal Affairs and Wellington High School.

The aim of the Miimi program is to mentor and inspire Indigenous girls within Wellington High School to make better decisions, learn more about culture and to be passionate about where they are heading post school.





# QUIT B FIT

## Tackling Indigenous Smoking Program

### Program purpose

To reduce the prevalence of current smokers within Indigenous communities as well as reducing the likelihood of tobacco uptake.

### Aim of program

To aid in reducing the significant health gaps between Indigenous and non-Indigenous Australians. Provide individuals and communities with appropriate information about how smoking has harmful impacts on our health and allow individuals to make informed health decisions.

### Objectives of program

Provide education and awareness of the negative and harmful effects of tobacco smoke on individuals, families and communities.

Quit B fit aims to work in conjunction with key

stakeholders to provide appropriate referral pathways for smokers wishing to make a quit attempt.

### Outcomes of program

Quit B Fit has worked in conjunction with several school and community groups in the past twelve months to continue to provide Tobacco Education sessions with over 300 youth in the region. Quit B Fit have conducted 25 Workplace Smoking Audits within local organisations, helping to make more workplaces smoke free.

Quit B Fit were again proud sponsors of the NSW Aboriginal Rugby League Knockout and this event was smoke-free for the 4th consecutive year, since Quit B Fit became affiliated with the event.



25 ORGANISATIONS PARTICIPATED IN  
WORKPLACE AUDITS

300

STUDENTS COMPLETED OUR  
TOBACCO EDUCATION SESSIONS



18 QUIT B FIT STALLS  
HELD AT EVENTS



QUIT B FIT ASSISTED WITH  
160 HEALTH  
SCREENINGS





# AUSTRALIAN NURSE-FAMILY PARTNERSHIP PROGRAM

## Program purpose

The ANFPP is to support women who are pregnant with an Aboriginal and/or Torres Strait Islander child in the Wellington, Dubbo, Narromine and Gilgandra areas. The ANFPP is a free, voluntary program designed to support the mother and her family from pregnancy up until the child is two years of age.

## Aim of program

The program is to provide a culturally safe service to improve the health of the mother and her child. The home visiting team, made up of an Aboriginal Family Partnership Worker and a Nurse Home Visitor, provides valuable support and education to mothers and their families in order to help with the baby's development in their early years and build on the self-efficacy of the family.

The program aims to explore areas of health, home, life course, child, friends, family and support services through five client-centred principles; Follow your heart's desire, you are

an expert in your own life, focus on solutions, focus on strengths and only a small change is necessary; in order to achieve the intended objectives of the program.

## Objectives of program

The program design promotes opportunities for women to create positive and long-lasting changes in their own lives and the lives of their children and families. The objectives of the ANFPP are to:

- Improve pregnancy outcomes through the practice of good health related behaviours.
- Improve child health and development
- Improve parental life course

## Outcomes of program

### Pregnancy outcomes

During the 2017-2018 period, babies born on the program have reached 37 weeks gestation or above, with no premature births occurring throughout this time.



The team have supported many clients through their journey into parenthood over the past year. Due to the resources and training available to staff through the organisation and program content, we have been able to successfully identify and support a client through postnatal psychosis. This involved the home visiting team assisting the client to access appropriate services and saw the client make necessary changes to resolve her symptoms. The outcome resulted in limiting any impact on her infant and keeping the family together.

## Child Health and Development

As part of the program, the home visiting team are required to perform developmental questionnaires to determine if a child's development is on track for their age. Areas examined include communication, gross motor, fine motor, problem solving and personal/ social. In one particular case this year, it was identified through the program that a child required a referral to additional services

which resulted in that child scoring above the monitoring or referral cut off in all domains.

## Parental Life Course

The ANFPP team, over the two and half year program, have seen many clients graduate. During 2017-18 we have seen another client graduate from the program, overcoming many challenges along the way.



**3,229**  
**CLIENT CONTACTS**  
 +48.4% FROM 2016/17

**66** **NEW REFERRALS**  
 - 15.4% FROM 2016/17



**50%**  
**ACCEPTED INTO PROGRAM**  
 - 8% FROM 2016/17



**36%**  
**OF REFERRALS WERE HOSPITAL BASED**  
 +17% FROM 2016 /17



**86%**  
**OF REFERRALS MET ELIGIBILITY**  
 +5% FROM 2016/17



**11%**  
**OF REFERRALS WERE SELF REFERRALS**  
 +6% FROM 2016/17



### Client Stories

One client who graduated from the program provided feedback that they valued most, the opportunity to learn more about Aboriginal culture and parenting when they themselves aren't Aboriginal. The program was able to minimise the misunderstandings and enhance communication between partners.

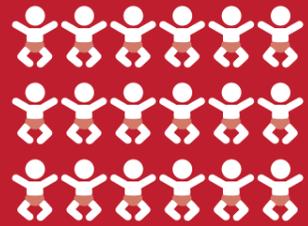
met developmental milestones throughout the program and now attends childcare, socialising with other children his age. Despite changes in the home visiting team, which often leads to clients' early discharge from the program, this client has shown resilience and maintained a strong engagement with the program.

Another successful client outcome for a current participant of the program included seeing the young mother survive and leave a violent relationship and develop the confidence to advocate for herself and her son.

Her increased knowledge around identifying positive parenting has allowed the client to make behavioural changes which has led to her setting goals and achieving her own housing, along with attending school and completing a pathways program to finish Year 11 and 12.

The client has further hopes to continue her studies through tertiary education. Her son has

**42** ACTIVE CLIENTS  
+20% FROM 2016/17



**24** BABIES BORN  
DURING 2017/18

THE AVERAGE BIRTH WEIGHT  
FOR BABIES BORN DURING 2017/18 WAS  
**3168 GRAMS**



**610** HOME VISITS  
+51.4% FROM 2016/17



**93%** ATTENDANCE RATE  
- 1% FROM 2016/17



**CLIENT LOCATION**



**1** CLIENT GRADUATED FROM THE PROGRAM





# ABORIGINAL CHILDREN'S THERAPY TEAM

## Program purpose

ACTT is a free allied health service for Aboriginal and Torres Strait Islander children from birth to 8 years that live in the Dubbo area.

Our early intervention program aims to prepare children for school and meet their developmental milestones.

## Aim of program

ACTT works in a culturally relevant framework, offering Speech Pathology, Occupational Therapy, Psychology services in partnership with Aboriginal Health Workers and a Therapy Aide.

ACTT aims to improve the availability of Allied Health Specialists to Aboriginal Children in the Dubbo community and improve client outcomes.

## Objectives of program

1. To improve the availability of Allied Health Specialist to Aboriginal Children (0-8) living in Dubbo
2. To improve a child's development by utilising screening and health promotion

3. To improve outcomes for the Aboriginal Children in the Dubbo Community
4. To improve the knowledge and involvement of the parents/carers in their child's development
5. To improve the knowledge and skills of Allied Health Services to the Indigenous Workforce

## Outcomes of program

We continue to work closely with our service partners, Buninyong Preschool and Allira to run weekly Speech and Occupational Therapy groups that aim to build capacity in children as they develop skills in readiness for school. Screening by ACTT staff identify children who participate in targeted skill focus groups. Opportunities for children to participate in these targeted groups in their preschool setting has seen positive outcomes.

Overall, children showed significant improvements across all domains, meaning they were starting school within normal limits. Of the 55 children who participated in the program only 10 required onward referral into our service.

## Client Stories

### Sean's Journey

Sean began accessing intervention at ACTT in October 2017. When he started, Sean had difficulty using any single words and was only engaging in limited play tasks. He was easily frustrated and had trouble communicating with his family and peers.

Since working with ACTT Speech Pathology and Occupational Therapy, Sean's speech and language skills as well as play skills have improved significantly. ACTT had the opportunity to collaborate with Sean's family, day care and early intervention service to ensure goals were consistent across all environments.

Sean participated in play based sessions with occupational therapy and speech pathology using a family centered approach. Sessions targeted vocabulary building, expressive language stimulation and play skills. Sean's parents participated in parent training to develop their skills in supporting Sean's language and play skills at home. Sean has made significant improvement, now using 4 word sentences

consistently and engaging in imaginary and social play. He happily engages in all aspects of therapy and is a joy to work with!

### Amarlie-Janes Journey

Amarlie-Jane began accessing Speech Pathology at ACTT in April 2017. During her first initial assessment, Amarlie-Jane was extremely difficult to understand – she had difficulty using 13 consonant sounds out of the 24 in the English language.

Amarlie-Jane was very aware of her difficulty with speech sounds and reported that she was teased at school because of how she talks. Amarlie-Jane participated in individual family centered therapy which she attended with her mum, Amanda. She also participated in school based sessions, weekly and twice-weekly, with Therapy Aide, Brittany Hill.

After participating in therapy for 2 school terms (20 weeks) and 1 clinic block (8 weeks), Amarlie-Jane has been discharged. She achieved all set goals and is now able to use all 24 consonant sounds in English without any prompting.

68% ATTENDED

# 1945

32% NOT ATTENDED

## APPOINTMENTS

- 0.6% FROM 2016/17



**271**  
NEW REFERRALS  
+ 44% FROM 2016/17



**162**  
SCHOOL BASED SCREENINGS  
+ 45% FROM 2016/17

### OCCUPATIONAL THERAPY

16%  
OUTREACH



84%  
ACTT HUB

**400**

CLIENT CONTACTS  
- 41% FROM 2016/17

### PSYCHOLOGY



**290**

CLIENT CONTACTS  
+ 22% FROM 2016/17

### SPEECH THERAPY

28%  
OUTREACH

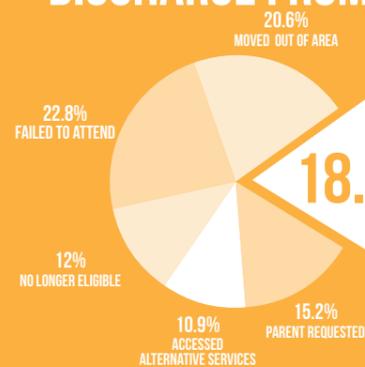


72%  
ACTT HUB

**609**

CLIENT CONTACTS  
- 44% FROM 2016/17

### DISCHARGE FROM ACTT



**18.5% COMPLETED THERAPY**





# MAAYU MALI

## Moree Aboriginal Residential Rehabilitation Service

### Program purpose

Funded under the Federal Governments Safety and Wellbeing Programme to provide a culturally focused drug and alcohol rehabilitation service for Aboriginal people from throughout NSW and south-eastern Queensland.

### Aim of program

- Deliver a model of care based on a modified therapeutic community, underpinned by evidenced based psychological therapies to clients requiring drug and alcohol support services.
- Provide an intensive 3 month residential program for up to 14 males and 4 females with a 21 month follow up and support post completion of the residential program.
- Support clients in building life skills as well as building job and vocational skills and opportunities.

- Ensure a strong focus on cultural and spiritual dimensions required to facilitate the healing process for clients.

We work in partnership with St Vincent de Paul who provide the therapeutic content and supervision of program delivery.

### Objectives of program

- To ensure the ordinary rule of law applies in indigenous communities.
- To ensure indigenous people enjoy similar levels of physical, emotional and social wellbeing enjoyed by other Australians by fostering the ability of Indigenous Australians to engage in education, employment and other opportunities.

### Outcomes of program

We primarily work towards assisting and supporting Aboriginal people with various drug and alcohol problems to navigate their



way through the rehabilitation process with therapeutic programs, social and emotional wellbeing activities and programs as well as engagement in educational and vocational opportunities. The cultural content underpins all aspects of work carried out within the Service. Clients want to change their lifestyle, and their relationships with those who are important to them. This is a great motivating force for them. Some of the outcomes of the program are:

- Clients who remain drug and alcohol free
- Reducing re-offending of clients who have been significantly involved in the criminal justice system
- Clients achieve employment or continue a particular mode of education
- Attainment of First Aide certificate and White Card
- Clients who have developed appropriate living skills (cooking, cleaning, horticulture – cooking what we grow)

- Clients who were able to have their children restored to their care
- Clients who have gained stable housing;
- Clients who were able to return home to family
- Clients who fulfilled parole conditions,
- Clients who gained a greater sense of who they are and where they come from

We also have a commitment to developing the Aboriginal workforce and the extent of training and education provided to staff is evidence of this.

All residents must engage in an education program and this is outlined in their case plan. They must attend AA and NA and these are offered on site.



70  
REFERRALS



63  
ACCEPTED

31  
ATTENDED  
THE CENTRE  
- 43.6% FROM 2016/17



13  
COMPLETED  
THE PROGRAM  
- 18.7% FROM 2016/17



92%  
OR 11/12 STAFF ARE  
ABORIGINAL



## GREATER WESTERN ABORIGINAL HEALTH SERVICE

### About GWAHS

In February 2017, WACHS announced that it had been successful in its bid to tender for the provision of culturally appropriate Aboriginal and Torres Strait Islander health services to the Western Sydney, Nepean and Blue Mountains areas.

The Commonwealth funding had been awarded to WACHS under the Indigenous Australian's Health Program for Western Sydney, Nepean and Blue Mountains region through until 2018.

As this was a joint tender with the Commonwealth, The NSW Ministry of Health also provided funding for the provision of culturally safe services for Aboriginal people including population health, chronic care, mental health and drug and alcohol.

The transition from WentWest to WACHS operations took place on the 1st April 2017.

WACHS now delivers holistic comprehensive primary health care from our Mt Druitt clinic and will soon open the Penrith and Nepean clinic with Blue Mountains Healthy4Life services in operation by 2019.

### GWAHS Vision

To provide and be recognised for providing the Aboriginal community of Western Sydney with high quality, appropriate, efficient and effective primary health care and related services

### Purpose

- To provide the highest standard of client care whilst incorporating a holistic approach toward diagnosis and management of illness
- We are committed to promoting health, wellbeing and disease prevention to all clients
- We do not discriminate in the provision of excellent care and aim to treat all clients with dignity and respect



# MT DRUITT PRIMARY HEALTH CARE

## Program purpose

To plan, deliver, coordinate and advocate for effective clinic and community based primary health care to the Aboriginal Community

## Aim of program

To deliver culturally appropriate primary health care services tailored to the needs of the Aboriginal and Torres Strait Islander community through diagnosis, treatment prevention and health promotion.

This approach aims to improve population health in the areas of antenatal care, postnatal care, child health, child and adult immunisations and to deliver screening initiatives around diabetes, sexually transmitted infections, and chronic disease management.

## Objectives of program

- Early diagnosis and treatment of acute illnesses
- Prevention and detection of chronic diseases

- Links to eye, ear and oral health
- Health crisis intervention and referral
- Health promotion for nutrition, alcohol, holistic health, women's health and men's health.

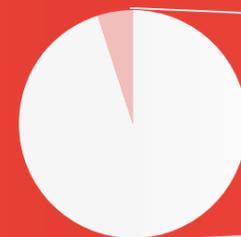
## Outcomes of program

Above state average for;

- Child and Maternal Health  
Recording birth weight, completing health checks in 0-4 year age group and child immunisations.
- Preventative Health indicators  
Birthweight in healthy range, a current smoker giving birth, MBS health Checks for 25 years and over, Risk factors assessments for CVD, immunised against influenza for over 50 years.

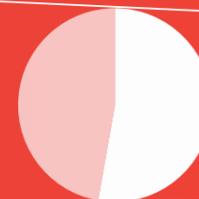
Areas to target for improving population health of Mt Druitt Community

- Increase Antenatal visits
- Reduce Alcohol consumption
- Reduce Smoking rates



**95%**

SMOKING STATUS RECORDED  
7% ABOVE NSW STATE AVERAGE



**53%**

CURRENT SMOKER  
3% ABOVE NSW STATE AVERAGE



**33%**

CURRENT SMOKER GAVE BIRTH  
13% BELOW NSW STATE AVERAGE



**73%**  
ALCOHOL  
CONSUMPTION

13% ABOVE NSW STATE AVERAGE



OVERWEIGHT AND OBESE

**79%**

4% ABOVE NSW STATE AVERAGE

**41%** INFLUENZA IMMUNISATIONS  
FOR 50 YEARS AND OVER



12% ABOVE NSW STATE AVERAGE



**43%** RISK FACTOR ASSESSMENTS  
CARDIO VASCULAR DISEASE

2% ABOVE NSW STATE AVERAGE



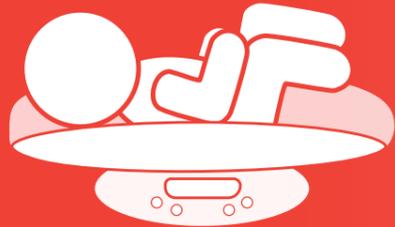
### ANTENATAL VISITS

# 25%

13% BELOW NSW STATE AVERAGE

# 68%

OF BIRTH WEIGHTS RECORDED  
6% BELOW NSW STATE AVERAGE



# 10%

RECORDED LOW BIRTH WEIGHTS  
1% BELOW NSW STATE AVERAGE

### IMMUNISATION RATES



# 77%

2% BELOW  
NSW STATE AVERAGE

12- 24 MONTHS



# 91%

15% ABOVE  
NSW STATE AVERAGE

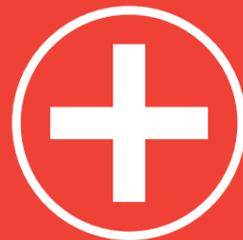
24-36 MONTHS



# 92%

18% ABOVE  
NSW STATE AVERAGE

60-72 MONTHS



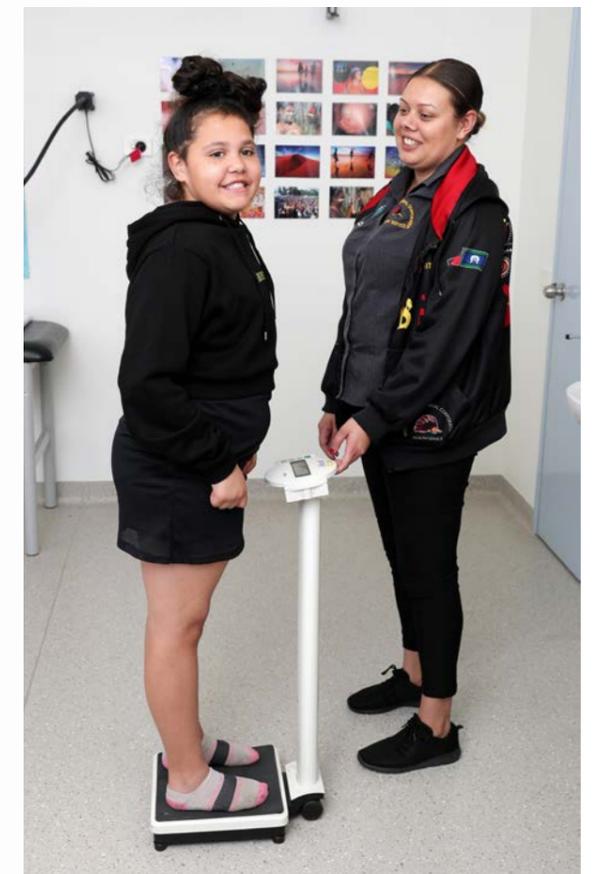
### 0-4 YEARS HEALTH CHECKS

# 42%

13% BELOW NSW STATE AVERAGE



- Improve Nutrition and decrease obesity
- Continued and established cohesive partnerships with a range of visiting specialists and clinics including;
  - Paediatricians
  - University of Sydney Speech Pathology Student clinic
  - Audiology
  - Podiatry
  - Ear Nose and Throat Surgeons
  - Chronic Disease Management community groups.





## INTEGRATED TEAM CARE

### Program purpose

The ITC program aims to improve outcomes for Aboriginal and/or Torres Strait Islander patients with chronic health conditions through better access to coordinated and multidisciplinary care.

It also aims to contribute to closing the gap in life expectancy by improving access to mainstream primary health care, including allied health and specialists.

### Aim of program

Integrated Team Care aims to provide case management, financial support and transport to Aboriginal and Torres Strait Islanders that have one or more of the following conditions;

- Diabetes
- Cancer
- Chronic Renal Disease
- Cardiovascular Disease

- Chronic Respiratory Disease
- Mental Health

### Objectives of program

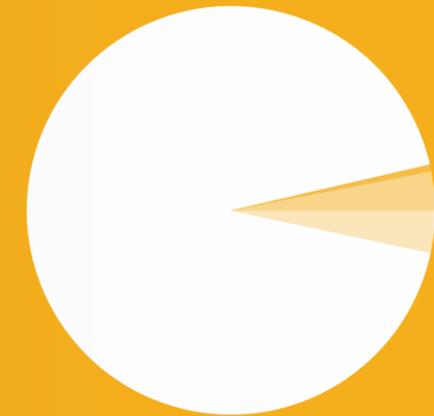
1. Coordinated care for the patient between GP, health workers and specialists
2. To facilitate better health through advocacy and support at health appointments
3. Assist in health and medical; resources to improve condition
4. Reduce access barriers to specialists care through cultural safety, financial support and transport.

### Outcomes of program

100% (582) of patients referred to the program have had a 715 Aboriginal Health Assessment and an up to date GP Management Plan.

# 582 CLIENTS

92.8%  
ACTIVE CLIENTS



0.7%  
SELF MANAGE  
2.9%  
DISCHARGED  
3.6%  
INELIGIBLE



100%  
OF PATIENTS REFERRED HAD  
715 HEALTH ASSESSMENTS



100%  
OF PATIENTS HAVE UP TO DATE  
GP MANAGEMENT PLANS



497  
FUNDING OF PATIENT  
MEDICAL AIDS



145  
ALLIED HEALTH  
APPOINTMENTS



1194  
PATIENT TRANSPORTS



603  
SPECIALIST APPOINTMENTS



## SOCIAL & EMOTIONAL WELLBEING AND DRUG & ALCOHOL PROJECT

### Program purpose

To provide drug and alcohol services, mental health, and general medical services so that families of drug affected clients or clients requiring support for social and emotional wellbeing are able to receive the majority of their care in a culturally appropriate setting.

### Aim of program

Our Aboriginal Health Practitioners, work with nursing staff and GP's to case manage and coordinate care for the treatment of medical, substance and mental health disorders. They also aim to increase screening, assessment and brief interventions.

### Objectives of program

- Holistic evidenced based and culturally sensitive care on site
- To provide a treatment framework for clients with dual diagnosis
- Work collaboratively with other service partners in our community

- To provide holistic healthcare for children of clients receiving treatment
- Medication scripts and transport

### Outcomes of program

A change to the model of care has allowed for offsite opioid substitution treatment clinics, with GWAHS doctors, at Mount Druitt and Blacktown Hospitals. This has been made possible with support from WentWest PHN and the Western Sydney Local Health District.

ABORIGINAL HEALTH WORKER OCCASIONS OF CARE

**10,347** **2.5%**  
WERE RELATED TO DRUG, ALCOHOL OR SOCIAL AND EMOTIONAL WELLBEING



**23** CLIENTS RECEIVED HIGH NEEDS COMPLEX CASE MANAGEMENT FROM ABORIGINAL HEALTH WORKERS



**118** CLIENTS HAVE MENTAL HEALTH PLANS

COMPLETED AUDIT C ALCOHOL ASSESSMENTS

**1071** CLIENTS **12.5%**  
WERE POSITIVE



**148 CLIENTS**  
ON OPIOID SUBSTITUTION TREATMENT RECEIVED 715 HEALTH CHECKS



# AUSTRALIAN NURSE-FAMILY PARTNERSHIP PROGRAM BLACKTOWN

## Program purpose

The Australian Nurse-Family Partnership Program (ANFPP) is a strengths based sustained home visiting program that supports women pregnant with an Aboriginal and/or Torres Strait Islander child.

The program has been adapted to be culturally appropriate and at WACHS all home visits are attended by an Aboriginal Family Partnership worker and a Nurse home visitor.

The program begins in pregnancy and continues until the child turns two. ANFPP is offered to first time mothers (or parenting for the first time) having an Aboriginal or Torres Strait Islander baby who live in the Blacktown LGA.

## Aim of program

The aims of the program are to support clients and their families to experience improved health, wellbeing and economic self-sufficiency.

## Objectives of program

- Improving outcomes in pregnancy resulting in a reduction of premature births, increased birth weights and improved overall health and wellbeing of new born babies and their parents, through knowledge of healthy lifestyle choices, antenatal care and birthing.
- Improving child health and development through the facilitation of parenting skills and knowledge of child developmental needs and milestones.
- Improving parental life course by supporting clients self determination to identify goals for education, employment and future pregnancy.

## Outcomes of program

ANFPP Blacktown commenced home visiting in March 2018. We currently have 30 clients and have had 9 healthy babies born so far, all 9 babies are thriving and the team continue

to be very proud of what brilliant mothers our clients are. We have seen a number of Fathers involved in our home visits, attend belly casts and participate in our group programs.

The ANFPP team have advocated and provided support to client's accessing other services such as antenatal care, mental health services and drug and alcohol services, housing, TAFE and family and community services.

ANFPP Blacktown has been well supported by the local community. Our Aboriginal Family partnership workers held an elder's morning team and information morning in May. Our team were encouraged by their support and welcoming of the program to improve the health and wellbeing of their community.





### Mon's Journey with the ANFPP

Mon is a 17 year old Aboriginal woman who self-referred to our program because of the support it offered another ANFPP client who is a close friend.

She was 16 year's old and 22 weeks pregnant when she contracted the team. Homeless, her family living in another state, she was not with the father of the baby and was isolated with limited support when referred to ANFPP.

Mon has been well engaged in her visits and the team have supported her in accessing a range of services. She is now in a stable relationship with a new partner, has stable housing and has managed to stay at school throughout her pregnancy.

Mon went into spontaneous labour at term and had a 4 hour uncomplicated labour. She gave birth to a healthy baby girl who weighed 3.85kg and was discharged home from hospital at day 1 of life. She is breastfeeding her baby girl who is now 6 weeks old and thriving.

Our team have weekly visits with her and bub and she also managed to graduate from year 12 with a 4 week old baby. The team were

privileged to be invited to her high school graduation.

This month Mon sat her HSC exams and successfully completed her Cert 3 in Retail Management. She is a resilient and determined young Mum who hopes to go on to study child care.

Mon acknowledges the significant impact ANFPP has had on her life and looks forward to graduating from the program.

**"I learn things I need to know to be the best Mum I can be, it makes me feel good as I know I am not alone and I have support, my bub knows the teams voices, they are like my friends and family as well, it isn't just a job for them"**





# CONNECTED BEGINNINGS

## Program purpose

Connected Beginnings aims to support Aboriginal and/or Torres Strait Islander children in areas of high need, be well prepared for school by supporting Indigenous pregnant women, and Indigenous children from birth to school age.

Over time it is anticipated the program will contribute to reducing the difference in school readiness and education outcomes between Indigenous and non-Indigenous children. By integrating health and education together a family have the opportunity to tell their story once and for the care to holistically capture both health and education needs and milestones.

## Aim of program

The aim of this team is to integrate early childhood, maternal health and family support services families. The program is for pregnant mothers and children aged under 5 years in the

Mt Druitt and Doonside regions so that children are healthy and well prepared for school. This project delivers the health component of the Connected Beginnings Projects that are led by education agencies Ngroo, Mt Druitt and Ngallu Wal, Doonside.

## Objectives of program

To engage families in health care to facilitate better outcomes by the time they start school with a focus on the following domains.

- physical health and wellbeing
- social competence
- emotional maturity
- language and cognitive skills
- communication skills and general knowledge

## Outcomes of program

Connected Beginnings has commenced partnerships with key education and health agencies in our community and is currently



recruiting a team that will include a Nursing Team Leader and 3 Aboriginal Health Workers. We are establishing strong links with education lead agencies Ngroo and Ngallu Wal and look forward to working with the children and families in Mt Druitt and Doonside.

**471 PATIENTS**  
AGED 0-5 YEARS ACCESSING GWAHS



# HUMAN RESOURCES

## Clinic

### Training and Education

Fallon Ah-See

- Cert IV Training and assessor currently

Aleisha Stanley

- Attended safe sex education and intervention 2018

Anita Dwyer

- Completed Diploma in Practice Management

### New staff

Colleen Wykes – Nurse Practitioner

Bo Bo Hein – GP Registrar

Nay Che Nway Nway – GP Registrar

### Retired staff

Lindsey Peckham worked at WACHS for over 10 years.

## Service Recognition

Anita Dwyer – 17 years

Kath Richards – 8 years

Teena Hill – 7 years

Dr Bijay Pandey – 6 years

Fallon Ah-See – 5 years

## Healthy for Life Program

### Training and Education

Trish Thorne

- Immunisation update and Child Protection
- Tresillian update attachment/sleep/settling-M&CH Nurse
- Hearing update and part of collaborative with AHMRC
- Work Health and safety education Day at WACHS

Trish George

- Hearing update and part of collaborative

with AHMRC

- Immunisation update and Health Data Portal training
- Work Health and safety education Day at WACHS

Dennis Barwick

- QAAMS and Health & Safety training
- Cert IV Aboriginal Torres Strait Islander Health Practitioner – Clinical Stream
- Mental Health First Aide and Child Protection
- LOGIQC Training
- Doin it right – sexual health training

Lai Peckham

- QAAMS and Child Protection Training
- Health & Safety Education Day

Angela Frail

- Health & Safety Education Day
- QAAMS training

Aidan Ryan

- Quit Line and Child Protection training
- Cert IV Aboriginal Torres Strait Islander Health Practitioner – Clinical Stream
- Mental Health First Aid

## ANFPP

### Training and Education

Lyndall Fryer

- Unit 3 ANFPP Core Training & Partners In Parenting Education (PIPE)
- ANFPP Nurse Supervisor Core Training
- Diploma in Leadership and Management
- DV Alert Training

Emma Ramsay

- Graduate Certificate in Midwifery (Perinatal Mental Health)

Ashleigh Lunn

- Unit 3 ANFPP Core Training & Partners In Parenting Education (PIPE)
- Smoking Cessation Training

- Mad, Bad or Sad Workshop
- RHW Midwifery Conference
- DV Alert Training
- Working With Complex Trauma & Mental Health Workshop

Rebecca Lee

- Unit 1 ANFPP Core Training
- DV Alert Training
- Unit 2 Core ANFPP Core Training

Nikkita Baxter

- DV Alert Training
- Working with Complex Trauma & Mental Health Workshop

Jinnaya Tyson

- From Violence to Safety Workshop
- Mad, Bad or Sad Workshop
- Certificate IV in Aboriginal Family Wellbeing and Violence Prevention Work

Francie Kelly

- Certificate IV in Training and Assessment

Sue Merritt

- Participation in Team Training

ANFPP Team Training

- Fire and Evacuation Training
- ANFPP Annual National Conference
- Health and Safety Education Training
- Respectful Workplace Communication Training.

### New staff

Rebecca Lee – commenced in January 2018

### Service recognition

Francie Kelly – 7 Years

Emma Ramsay – 7 years

Sue Merritt – 6 Years

Nikkita Baxter – 5 Years

## Quit B Fit

### Training and Education

Samantha AhSee



- Diploma Management

Caitlyn AhSee

- Certificate IV Aboriginal Primary Health Care

Adrian Davis

- Certificate IV Aboriginal Primary Health Care

**New staff**

Adrian Davis (Tobacco Action Worker)

### New Directions

**Training and Education**

All staff attended compulsory training:

CPR, First Aide. Fire Safety and Emergency Procedures. AMSED online

Emma Pearce

- Dietitians Association of Australia conference
- Online Allergy Training and Diabetes Update
- Attended Westmead Children's Hospital for Paediatric Update

Monica Waters Neil

- Hanen Early Language Intervention Program-Speech Pathologist
- Introduction to NDIS for allied health professionals" webinar
- Paediatric Feeding and Swallowing Education

Jemma Stanley

- Immunisation update
- Audiometry Screening & Assessment Program

Sally Brown

- Stronger Smarter Facilitators Course May/ June 2018
- Foetal Alcohol Spectrum Disorder Webinar June 2
- LogiQC updates

**New staff**

Jemma Stanley – AHP

Sally Brown Occupational – Therapist

Monica Waters Neil Speech – Pathologist

Emma Pearce – Dietitian

### ACTT

**Training and Education**

Brittany Hill (Therapy Aide)

- Cert IV Allied Health Assistant
- Deadly Futures Teaching and Learning Techniques for preschool aged children
- Understanding Challenging Behaviour – Fillial Training
- DV Alert Training

Jinnara Tyson (AHW)

- Smoking Cessation Training
- Otitis Media and Aural Healthcare Program, 14th Annual National Rural Health Conference
- Surviving Recent and Past Trauma – understanding and exploring Trauma

Sarah Crombie

- 14th Annual National Rural Health Conference
- Just Right for Kids Workshop: Sensory Processing
- Understanding Child Neglect from an Aboriginal Worldview
- Sensory defensiveness workshop - Wilbarger therapy brush

Tessa Morrissey (Speech Pathology)

- Foundations for Paediatric Feeding
- The Lidcombe Program (Stuttering)
- Otitis Media and Aural Healthcare Program
- Speech Pathology in the literacy domain
- Speech Pathology in preschool and school early language

ACTT Team training

- Stronger together Summit (Dubbo)

**New Staff**

Jemima Quilty – Team Leader

## Social & Emotional Wellbeing Team

### Training and Education

Loretta Stanley

- Certificate IV Training and Assessment
- Peer Supervision Training and Waving The Net (ECAV)

Jaden Chatfield

- Smart Recovery Facilitator Training

Jody Chester

- SEWB AOD and Mental Health Forum
- Suicide Prevention Workshop and Motivational Interviewing

Wendy Peachey

- Condom Credit Card Partnership Training
- SEWB Mental Health Forum and Peer Supervision Training
- Suicide Prevention Workshop, Identify and respond to Young People at Risk

Cherie Colliss

- Peer Supervision Training
- Certificate IV Training and Assessment
- SEWB Mental Health Forum
- Peer Supervision Training
- Suicide Prevention Workshop

### New staff

Leteisha Pope – SEWB program

Jaden Chatfield – Drug & Alcohol program

Aleisha Stanley – Child & Family Project

Kacee Ryan – Child & Family Project

### Service Recognition

Loretta Stanley – 15 years and beyond

Cherie Colliss – 10 years

## ANFPP Blacktown

All staff have attended core training at the National Program Centre and the ANFPP National Conference in Brisbane. They have also completed smoking cessation training, Domestic and Family Violence training, mental

health, first aid training GWAHS cultural safety training, breast feeding education workshops and Diabetes Australia workshops.

The team also enjoyed a site visit to the ANFPP Dubbo.

12 new staff were welcomed to the team this year.

## Maayu Mali

### Training and Education

All staff have undertaken the following:

- Cert IV Drug and Alcohol, First Aid, Mental Health and Food Handling courses.
- St Vincent de Paul around the therapeutic content of the program. This include CBT and DBT

One staff member is enrolled in the Cert IV Drug & Alcohol and another has undertaken the initiative to continue his education in Drug & Alcohol and Community Services.

### Service Recognition

Chris Binge – Manager has moved on after three years with the service.

Kay Parker – Cleaner, retired.

## Health promotion

### Training and Education

Tanika Davis

- Masters in Healthcare Leadership

## Finance

Two finance officers are currently undertaking additional studies in financial management.

One finance officer recently completed her studies and is currently in the process of becoming a registered BAS Agent.

## GWAHS

Sonya Cameron – 20 years



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Wellington NSW 2820  
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02 6845 5445

enquiries@wachs.net.au

[www.wachs.net.au](http://www.wachs.net.au)



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02 9836 7399

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